



PRACTICING YOGA THERAPY UNLICENSED IN NEW YORK

Practice With Confidence



SAFE HARBOR LAW

There is no safe harbor law in New York. Until one is passed, do the next best thing. Follow the safe harbor law of another state, such as Maine.



SCOPE OF PRACTICE

If you are certified by IAYT or not, follow IAYT's Scope of Practice for Yoga Therapy. Safer for you and helps promote and legitimize the profession. Win win.



CODE OF ETHICS

If you are certified by IAYT or not, follow IAYT's Code of Ethics and Professional Responsibilities for Yoga Therapists. Win win again.



DISCLOSURE

Give written disclosure that you are not a health care practitioner, state what you provide, and state what certifications/training you have.



CONSIDER CERTIFICATION

If you are not IAYT certified, consider becoming certified. Pathways are opening that may meet your needs as a professional yoga therapist.