

Yoga Therapy

CODE OF ETHICS & PROFESSIONAL RESPONSIBILITY

I WILL

Respect the rights and dignity of clients. Not discriminate. Inform clients about practices and recommendations. Make realistic statements about the benefits of yoga therapy. Protect confidential information received except disclosures permitted if I believe the client may harm self or others or if required by law.

Maintain professional boundaries in relationships with clients and avoid relationships that may exploit a client's trust. Keep accurate client records. Provide yoga therapy only within my level of skill and knowledge. Provide the highest quality care to clients. Make timely referrals to other healthcare professionals as needed.

Refrain from providing yoga therapy if unable to safely and effectively do so. Seek professional assistance for personal issues that may impair my ability. Bill client and third-party payers accurately and fairly. Neither receive nor pay referral fees.

Obtain informed consent to use ethical touch, as appropriate, in yoga therapy sessions and group classes. Not engage in any sexual contact with a current client. Exercise extreme caution in having any type of personal relationship with a current or former client.